

MITHRAS INVESTMENT TRUST PLC (the "Company")

The Company confirms that at today's Annual General Meeting ("AGM") all resolutions set out in the Notice of the Meeting were duly passed.

A copy of all resolutions passed as Special Business at the AGM has been submitted to the National Storage Mechanism and will shortly be available for inspection at: www.hemscott.com/nsm.do.

Details of the number of proxy votes cast for, against and withheld on each resolution, will shortly be available on the Company's website: www.mithrasinvestmenttrust.com as well as a copy of the Investment Manager's presentation given at the Meeting.

In addition, at today's Meeting, the following information, which has not previously been disclosed, was made available within the Investment Manager's presentation.

	As at 31 March 2014
Mithras Investment Trust plc cash balance	£7.0m
 <i><u>Mithras Capital Fund position</u></i>	
Cash invested	£50.3m*
Maximum outstanding commitment	£5.3m*
Sensitised outstanding commitment	£3.8m*
Mithras Investment Trust plc surplus cash	£3.2m

*** Proforma as at 6 May 2014**

For further information, please contact:

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7 MAY 2014