

MITHRAS INVESTMENT TRUST PLC (the "Company")

The Company was notified today of the following share purchases by non-executive Directors of the Company.

On Friday, 18 December 2009, Mr P L Fabian French purchased 32,500 ordinary 2p shares in the capital of the Company at a price of 57.5 pence per ordinary share. As a result of this purchase, Mr French's aggregate holding is now 32,500 ordinary 2p shares. This aggregate holding represents 0.09% of the Company's issued share capital.

On Friday, 18 December 2009, Mrs Sarah Maltby, Mr William Maltby's wife, purchased 75,000 ordinary 2p shares in the capital of the Company at a price of 57.5 pence per ordinary share. As a result of this purchase, Mr Maltby's aggregate holding is now 95,000 ordinary 2p shares of which 75,000 are non-beneficial. This aggregate holding represents 0.26% of the Company's issued share capital.

BNP Paribas Secretarial Services Limited
Company Secretary

22 DECEMBER 2009